

Competition Pathways Explained

*Where do you fit in?
What could you achieve?*



Recreational Competition



This is local level, fun, adaptable competition. It can range from a team game using tennis equipment to full court tennis. It is organised by individuals, coaches and players at a local club level. Great for learning the game!

Skill Level: Even if you have never picked up a racket before you can compete at this level!

Regional Competition



The Tennis Foundation runs regional level competitions for Learning Disability, Visually Impaired and Wheelchair Tennis. Within each event there are different levels so whether it's your first time competing or you are an advanced player there is something for you. Great for socialising and meeting players at your level!

Skill Level:

- LD** Court size and ball type varies depending on your ability so whether you can hit one ball over the net on a mini court or play full court yellow ball you can compete.
- VI** Competition is split depending on your impairment classification. It is a fun, relaxed environment. If you can serve underhand and score you can play.
- Wheelchair** We have a novice division for those who want to try competition in a fun environment. If you can underhand serve and score you can play. We also have more advanced divisions for those players who have been playing a bit longer.

National Competition



All disability groups have national finals once a year, this is a chance to celebrate the year by competing against all players throughout the UK. If you have competed in regional tournaments you qualify for nationals.

International Competition

There are different levels of international competitions that give players the chance to compete at a slightly higher level; this can feed into players joining the Tennis Foundation's development and performance squads. These would mostly be the Wheelchair Futures and ITF3.

The Wheelchair Super Series, ITF1 and ITF2 are set at performance level; players competing at this level are of the highest standard, representing Great Britain Internationally.

In other disabilities international competitions include; Special Olympics, INAS World Championships for learning disabilities and Deaflympics.

For more information:

www.tennisfoundation.org.uk
OR email disabilitytennis@tennisfoundation.org.uk

 **Tennis**
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