

# School of Tennis

## Examples of Best Practice

Here are some examples of best practice that are already making a difference in schools on the programme.

KEY THEME:	BEST PRACTICE:
<b>Teaching &amp; Learning</b>	<ul style="list-style-type: none"> <li>• PE staff attending Tennis Foundation teacher training courses, ensuring they have the relevant knowledge, skills and confidence to deliver traditional tennis and modified versions with mixed ability groups.</li> <li>• Staff at Ramsey Academy benefited from a local tennis coach working alongside PE staff in the curriculum, providing expertise and mentoring support to help staff deliver high quality tennis lessons.</li> <li>• Expanding curriculum tennis from a 6-week block to a 12-week block for all Key Stage 3 classes (Ysgol Gyfun Garth Olwg).</li> <li>• Cardio Tennis delivered in health, fitness and wellbeing lessons. Helped to improve pupils' fitness and positivity toward PE (Cardinal Newman Roman Catholic School).</li> <li>• Using tennis to inspire teaching and learning – Staff from CTC Kingshurst Academy attended a cross-curricular planning at day at the National Tennis Centre to help them develop tennis-themed cross-curricular resources for maths, science, geography, media and PE.</li> </ul>
<b>Student Leadership</b>	<ul style="list-style-type: none"> <li>• Student Tennis Ambassadors at Medina College supported the promotion and delivery of Feel Good Friday tennis, a lunchtime club that boasted 40-50 regular participants.</li> <li>• Sports Leaders from three Waltham Forest schools supported with primary school tennis festivals and School Games tennis competitions. Individual students also volunteered at community tennis events such as the Great British Tennis Weekend.</li> <li>• Schools are training and deploying a small team of Student Tennis Ambassadors to promote and support extra-curricular tennis clubs and intra-school competitions.</li> <li>• Schools are using the programme to add value to their sports leadership academies or citizenship programmes with pupils recording their volunteering hours.</li> </ul>

KEY THEME:	BEST PRACTICE:
<b>Facilities &amp; Equipment</b>	<ul style="list-style-type: none"> <li>• Sandown Bay Academy set up 16 mini courts (including 6 mini grass courts), simply by painting lines on their existing courts and multi-use games areas. They used some of their funding to purchase portable Mini Tennis nets.</li> <li>• The Student Tennis Ambassador at Rockwood Academy set up a lending library so pupils could borrow tennis equipment to take home at weekends, encouraging them to play on the local park tennis courts.</li> <li>• Schools have been playing tennis in their sports hall during the winter and offering Cardio Tennis and touchtennis to engage less active pupils.</li> </ul>
<b>Community Links</b>	<ul style="list-style-type: none"> <li>• City Academy Norwich works closely with the coaching operator at nearby Eaton Park to promote park tennis as the local exit route.</li> <li>• Norlington School for Boys access tennis courts at the nearby Lee Valley Hockey &amp; Tennis Centre for their curriculum PE lessons.</li> <li>• By developing links with local tennis venues, the pupils are being made aware how to access local courts and community programmes.</li> </ul>