



ASSESSING ABILITY



Exceptional Performance

Descriptor Cards

GENERAL DESCRIPTION:

- Players at this level have regular experience of full tennis matches.
- They have refined skills into advanced techniques including fine motor skills to control the path of the racket, the racket face and speed of the racket.
- They can vary the height, depth, direction, spin and speed of most shots and use these skills to take control of the point when the opportunity arises and are able to turn the point around when the opponent is in control of the point.
- They can play with flair and originality using drop shots, lobs, smashes and stop volleys.
- They employ compositional ideas which result in regular and repeatable 'patterns of play' which they can modify in response to changing circumstances within the rally.
- Within competitive rallies, they show high standards of consistency and accuracy and can use racket skills and imagination to solve problems and overcome challenges.
- They can identify specific practices to improve their own game and regularly use these to improve their own performance.



Produced by The Tennis Foundation | Charity No. 298175
For more information visit: www.schoolstennis.org