Tennis Foundation

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TENNIS ANY WAY

LEADERSHIP & VOLUNTEERING
An overview of courses and resources on offer

LEADERSHIP & VOLUNTEERING

This section provides an overview of the courses and resources British Tennis has to offer young people in leadership and volunteering.

- Tennis Leaders
- Officiating
- Other Leadership & Volunteering Resources
- Coaching

GET INVOLVED!

To order your free Tennis Leaders resources please contact your regional LTA office, contact details are available at: www.lta.org.uk

TENNIS LEADERS:

Tennis Leaders is the first step on the tennis and sport career pathway for volunteering and potentially, paid employment. Tennis Leaders is aimed at those aged 13 or older and the content is suitable for pupils and older juniors just starting out, through to adult volunteers. There are five modules:

Core Module: Introduction to Tennis (three hours):

Learn the basics of tennis and understand how variations of the game are used to introduce all ages and abilities to the sport. Learn communication, organisational skills and some key on-court drills.

Additional Modules (two hours):

- **Volunteering at your local tennis venue** - you will learn about what makes a successful place to play, understand the different ways of promoting facilities and programmes, and learn about the roles of a management team.
- **Leading a practice session** - understand the structure of a hitting session. Learn about the different types of feeding and the responsibilities of a practice hitter.
- **Helping at your School** - learn how to organise tennis activity for large groups, including informal competition.
- **Helping at a competition** - learn how to score for a Mini Tennis match, how to organise a round-robin match and how you can support your competition organiser or referee.

Tennis Leaders can be delivered by qualified and active teachers as well as LTA Accredited Coaches (Level 3 upwards) without the need to go on any specific training. All you need is the Tutor Workbook, which is available free of charge from your local LTA Regional Office.

OFFICIATING:

The LTA offers lots of opportunities for young people to train as competition organisers, umpires (line and chair) and referees.

For more information about officiating, please visit: www.lta.org.uk/officiate.

OTHER LEADERSHIP & VOLUNTEERING RESOURCES:

The LTA have produced a Volunteer Toolkit for tennis clubs and venues which contains resources and guidance for recruiting volunteers, supporting and rewarding volunteers, and also how to ensure a safe and inclusive volunteering environment.

Some of these resources may also be of interest to schools, to access the toolkit please visit: www.lta.org.uk/volunteering.

A PROJECT APPROACH TO DELIVERY – TEACHING AND LEARNING THROUGH TENNIS:

The Tennis Foundation have worked in partnership with OCR to develop a tennis-themed resource which supports the new Cambridge Technicals in Sport and Physical Activity. The purpose of the guide is to give staff an overview of how they can holistically deliver a range of units from Cambridge Technicals in Sport and Physical Activity Level 3, using tennis to inspire teaching and learning.

Download your free copy at: www.schoolstennis.org.

COACHING:

If you have pupils (aged 16+) that express a desire to get involved in coaching, their next step is to take the 1st4sport Level 1 Award in Coaching Tennis. The course is the starting point for people who want to get involved in tennis and is aimed at those enthusiastic about tennis and keen to help assist with the delivery of tennis activities including Mini Tennis.

If you're a teacher and keen to develop your own knowledge, and you hold a teaching qualification (PGCE or equivalent) specialising in PE, you can bypass Level 1 and take Level 2 straight away.

For more information about coaching, please visit: www.lta.org.uk/coach-teach.