



# Out of School Hours

Tennis Club Toolkit

# Out of School Hours Tennis Club Toolkit

This toolkit has been developed to make running an Out of School Hours Tennis Club as easy as possible.

Out of School Hours Tennis Clubs are a great opportunity to 'bridge the gap' between a young person experiencing tennis at school for the first time and participating in a community environment. They are an easy way for schools to add to the range of activities offered to pupils and they're a great way of developing a link with a local place to play tennis.

Out of School Tennis Clubs can take place in school halls or on playgrounds and this resource contains the following:

**Guidance** - this section provides advice and support on how to set up and run an Out of School Hours Tennis Club.

**'Ready to Go' Lesson Plans** - these provide the content and structure for a 5 week block of activity and are split into three age groups. These can be delivered in a school hall or playground and are ideal for pupils with a beginner or improver level of ability.

**'Mix & Match' Activity Cards** - you can mix and match these Activity Cards to develop your own lesson plans and to help provide some additional ideas for activities. These cards are better delivered on a playground, or a sports hall with badminton courts and can be used for pupils with an improver or advanced level of ability.

**Templates** - this section provides a range of templates to support you in setting up and promoting your Club. Editable versions of these templates are available to download from:

[www.schoolstennis.org](http://www.schoolstennis.org)

